

22-23 Ross HS Breakfast

November 2022

| Mon | Tue | Wed | Thu | Fri |
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| 31 Mini Chocolate Donuts Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt | 1 Eggo Mini Maple Waffles Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt | 2 Egg & Cheese Breakfast Pizza Bagel Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt | 3 Pillsbury Mini Cinnamon French Toast Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt | 4 Parent Conferences |
| 7 Strawberry Cream Cheese Mini Bagels Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt | 8 Cinnamon Glaze Pancakes Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt | 9 French Toast Sticks Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt | 10 Cinnamon Blueberry Twisted Stix Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt | 11 Bacon & Egg Breakfast Pizza Assorted 2 Pack Pop Tart Banana Chocolate Chunk BeneFIT Bar Oatmeal Chocolate Chip BeneFIT Bar Chocolate Chip Oatmeal Bar Assorted Cereal Bars Strawberry NutriGrain Bar Cocoa Cherry Bar Assorted 100% Fruit Juice Assorted Fruit Cups Fresh Apple Banana Fat Free Chocolate Milk 1% Milk Assorted Yogurt |

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| <p>14</p> <p>Cinnamon Bun</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>15</p> <p>Ultimate Breakfast Round UBR</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>16</p> <p>Beef Sausage and Cheese Bagel</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>17</p> <p>Apple Frudel</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>18</p> <p>Sausage Breakfast Pizza</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> |
| <p>21</p> <p>Strawberry Cream Cheese Mini Bagels</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>22</p> <p>Mini Chocolate Donuts</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>23</p> <p>Thanksgiving</p> | <p>24</p> <p>Thanksgiving</p> | <p>25</p> <p>Thanksgiving</p> |

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| <p>28</p> <p>Cinnamon Toast Crunch Soft Bar</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>29</p> <p>Eggo Mini Maple Waffles</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>30</p> <p>Egg & Cheese Breakfast Pizza Bagel</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>1</p> <p>Pillsbury Mini Cinnamon French Toast</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> | <p>2</p> <p>Ultimate Breakfast Round UBR</p> <p>Assorted 2 Pack Pop Tart</p> <p>Banana Chocolate Chunk BeneFIT Bar</p> <p>Oatmeal Chocolate Chip BeneFIT Bar</p> <p>Chocolate Chip Oatmeal Bar</p> <p>Assorted Cereal Bars</p> <p>Strawberry NutriGrain Bar</p> <p>Cocoa Cherry Bar</p> <p>Assorted 100% Fruit Juice</p> <p>Assorted Fruit Cups</p> <p>Fresh Apple</p> <p>Banana</p> <p>Fat Free Chocolate Milk</p> <p>1% Milk</p> <p>Assorted Yogurt</p> |
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This institution is an equal opportunity provider.