

# Attention Deficit Disorders

## Books for Children and Teens



**Active Andy** - An elementary school child's guide to understanding ADHD.

**Distant Drums, Different Drummers** - A guide for young people with ADHD.

**Eagle Eyes** - A child's guide to paying attention.

**Eukee - The Jumpy Jumpy Elephant** - A heartwarming story of a young elephant's struggle with attention deficit disorder. Eukee gets into trouble at home and school because he can't stay still and follow directions. He gets help from his parents and a special doctor and learns ways to succeed.

**Jumpin' Johnny Get Back to Work!** - A child's guide to ADHD/Hyperactivity.

**Jumpin' Jake Settles Down** - A workbook to help impulsive children learn to think before they act.

**Learning to Slow Down and Pay Attention** - Helps your child to identify problems and explain how his parents, doctor, and teacher can help him.

**Making the Grade** - An adolescent's struggle with ADD.

**My Brother's A World Class Pain** - A siblings guide to ADHD/Hyperactivity.

**Putting On The Brakes** - Young people's guide to understanding Attention Deficit Hyperactivity Disorder (ADHD).

**Ryan** - A mother's story of her hyperactive/tourette syndrome child.

**Shelly the Hyperactive Turtle** - This book is just what parents need to explain ADHD to their preschool or primary grade youngster. Whether parents read the story to their child, or whether it is enjoyed by the child alone, Shelly has a lot to offer.

**Sit Down and Pay Attention!** - Coping with attention-deficit disorder throughout the life cycle.

**Sometimes I Drive My Mom Crazy, But I Know She's Crazy About Me** - A self-esteem book for ADHD children.