

FREMONT

CITY SCHOOLS

OTIS ELEMENTARY



Important Dates

- Oct. 31 Spooky Lunch/Halloween Parade
- Nov. 1 p.m. Parent/Teacher Conferences
- Nov. 2 Birchard Public Library Readers Theater 2:00 & 2:30
- Nov. 3 p.m. Parent/Teacher Conferences
- Nov. 3 Make A Difference Club
- Nov. 4 NO SCHOOL Parent/Teacher Conferences
- Nov. 7 – 11 Pennies By The Pound
- Nov. 8 Election Day!
- Nov. 9 2nd Grade Field Trip
- Nov. 9 Ronald McDonald Assembly 2:45
- Nov. 10 PTO 6:00
- Nov. 11 Wear Red Shirts/ Veterans Day
- Nov. 15 McTeacher Night!**
- Nov. 17 Picture Retake Day
- Nov. 17 Make A Difference Club
- Nov. 18 Mid-Terms Go Home
- Nov. 22 Gifted Field Trip
- Nov. 22 UM vs OSU Spirit Day/Jeans
- Nov. 23 – 25 NO SCHOOL



***Please remember to check your child's book bag daily for items that should NOT come to school. This includes toys, electronics, weapons, toy weapons, etc. Thank you!

1. INCREASE STUDENT ACHIEVEMENT
2. CLOSE SOCIO-ECONOMIC, ETHNIC AND DISABILITY GAPS IN STUDENT ACHIEVEMENT
3. BUILD HOPE, TRUST AND RESPECT WITH OUR COMMUNITY

WWW.FREMONTSCHOOLS.NET

Dear Parents,

PARENT/TEACHER CONFERENCES: As we wrap up the first quarter, we're thinking about upcoming parent/teacher conferences. You should have received an appointment time to meet with your child's teacher for either November 1st, 3rd or 4th. If you need to change your conference time for any reason, please call the school office at 419-332-8964. Mrs. Pickerel can arrange a better time that works for your schedule.

COLD WEATHER: Now that colder weather has arrived, please be sure your child has a jacket with them each day for recess. We will go outside for recess when both the temperature and wind chill are above 20 degrees. We will stay inside when temps or wind chill are 20 degrees or less. It is vitally important that children dress for the weather.

COAT, HAT AND GLOVES GIVE-AWAY: We have received a large donation of hats, gloves and gently-worn winter coats that we will be distributing during parent/teacher conferences. Please stop by the tables in the main hallway if your children are in need of any of these items for winter.

CCIP ACTION STEP- DATA ANALYSIS: At Otis, we believe in the importance of making data-based decisions when it comes to student learning. One of the ways we do this is by analyzing AIMSweb Benchmarking data in both Reading and Math to inform intervention decisions. All students are screened three times a year in Reading fluency, comprehension, Math fact/calculation fluency and Math word problem proficiency. Teachers meet in Teacher Based Teams to look at individual student data and group trends. Students scoring Below or Well Below Average are then assigned to intervention groups with strategies designed to target their specific deficits. Their progress is monitored on a regular basis. At periodic checks, students can exit intervention groups or be moved to more intense intervention groups, based on what the data tells us about how they are responding to the current interventions. Students who are chronically not responding can be referred for an SAT (Student Assistance Team) meeting, where the team looks at a more formal intervention plan and follow-up schedule for that student. Your child's teacher will be able to share his/her Fall Benchmarking data with you next week at your conference so you know how your child performed on these assessments.

With Children at Heart,

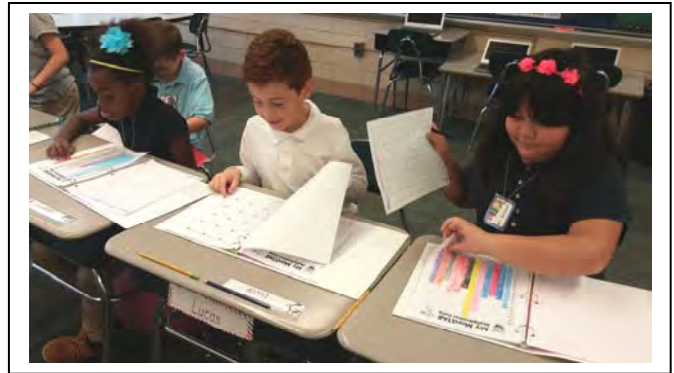
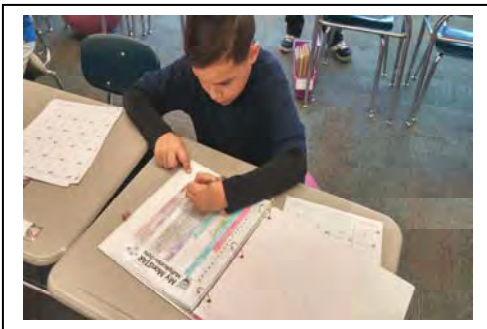
Mrs. Laura E. Bryant

STRONG ACADEMICS + STRONG CHARACTER = STRONG COMMUNITY

STRONG ACADEMICS

OTIS ELEMENTARY

Students in Mrs. Hanudel's third grade class have data binders they use to be accountable for their learning. They set Whole Brain Teaching Super Improver goals as well as specific reading and math goals. These goals are from their AIMSweb scores and tests. Students can communicate their strengths and weaknesses at any point in the school year. They can identify what they are doing to achieve their goals and the progress they are making. Students keep track of their data and success in their binder and will use them to lead conferences.



The Character Word of the Month for November is CITIZENSHIP. Good citizens actively participate in their school, home, and community. Being a good citizen means treating everyone with kindness and respect, following the rules, and being responsible for your actions. Being a good citizen means exercising your right to vote. It is a good time to talk with your child about the importance of voting and making a difference in your community and your country.

Some Ways for Students to Show GOOD CITIZENSHIP Are:

- Students should recognize that there are rules for a reason. Everyone should work hard to obey the rules!
- At school, students should put forth appropriate effort, take care of their things, and follow the rules.
- At home, students should take care of their things, follow directions, and help out.
- Students should keep their surroundings clean.
- Students should get involved and volunteer. Volunteering can be done at home, school, or in the community.

Mrs. Hatfield

Professional School Counselor

Now that the school year is well underway, here are a few tips to make sure your student is getting the most out of his/her school year and on the path to a great career!

- Support reading: Reading helps develop vocabulary. Spend 20 minutes a day reading to your child, or having your child read to you. Older students should read on their own daily, but often still enjoy listening to adults read.
- Remember intelligence is not fixed: Effort and persistence when facing challenges are important characteristics of a successful student. Praise your child's efforts, not just success; say things such as: "I like how you kept at that math assignment, even though it was hard."
- Help your child set goals: Help your student set and achieve goals about behavior, time management, or school
- Establish a set time for homework every night: Turn off TVs and cell phones and eliminate other distractions. Be sure to check assignments when your child is finished.
- Encourage your child to seek help: Learning when and how to get assistance is an important skill for college and life. It is better to get help early before a problem gets worse.

Mrs. Hatfield

Professional School Counselor

Birchard Public Library
Read Aloud Book Clubs
 Kindergarten – 4th grade
 4:30 – 5:00 Wednesdays 10/19 – 11/30
 5th & 6th grades
 4:30 – 5:00 Tuesdays 10/18 – 12/13

PTO Meetings
 PTO meets in the Otis Library at
 6:00 p.m.

Nov. 10
 Dec. 8
 Jan. 12
 Feb. 9
 March 9
 April 20
 May 18

We'd love for you to join us.



November
 Student of the Month
Alayna Burr

Alayna is a Kindergarten student in Miss Merrill's room. Some of her favorite things are playing on her trampoline and eating macaroni & cheese.

Congratulations Alayna!



McTeacher Night
 November 15, 2016
 5:00 p.m. – 7:00 p.m.

What a cool way to support a great school. I stop in for my favorite McDonald's sandwich or salad. The principal and teachers are on hand, raising funds for important projects. Mmm....doing something good never tasted so great!

Humbard Family McDonald's
 1801 West State Street

Help Us By Donating
 Your Used Cell Phones and Empty Laser and Inkjet Printer Cartridges!

A Message from Our Coordinator
 We started this program in December of 2001 and have been able to replace defective equipment in our classrooms. For more information you can contact Rhonda Schmidt - (419)334-5475

Drop Off Locations
 For empty cartridges and used cell phones.
 Fremont City Schools
 District Office
 or any of our Schools

Sponsored by Funding Factory

Coat Give-Away
 Once again this year we received a generous donation of gently worn coats in a range of sizes. We will be distributing these items during Parent/Teacher Conferences on November 1st, 3rd and 4th. Please stop by the tables in the main hallway if your family is in need.



It's War!
 November 7 – 11 is Pennies by the Pound Week. At Otis, It's War!
 The students will be collecting pennies, by grade level, to support United Way. The grade collecting the most pennies in weight will win pizza!
 But watch out for sabotage!
 Each grade will have a sabotage bucket and any silver change weight in that bucket will be subtracted from the penny bucket weight. May the best grade win!





FCS Belief Statement #7
 We believe in and promote the importance of physical, mental and emotional wellness as essential components of successful learning and achievement.

The FCS Wellness Center

NOVEMBER 2016

EVERY MOVE YOU MAKE, MAKE IT SAFE ROAD TRIP SURVIVAL TIPS

Are you and your family planning to drive to a holiday get-together this year? Whether you're heading to Grandma's cottage or a favorite vacation spot to celebrate holidays with family or friends, AAA has simple tips to help make your drive a smooth one, so you can arrive at your destination safely and without incident.



With a little prep, you can leave the road-trip stress at home and enjoy your holiday with family and friends!

- Ensure your vehicle is properly maintained. If maintenance is not up to date, have your car and tires inspected before you take a long drive.
- Map your route in advance and be prepared for busy roads during the most popular times of the year. If possible, consider leaving earlier or later to avoid heavy traffic.
- Keep anything of value in the trunk or covered storage area.
- If you're traveling with children, remind them not to talk to strangers. Go with them on bathroom breaks and give them whistles to be used only if the family gets separated.
- Have roadside assistance contact information on hand, in case an incident occurs on the road.
- In case of an emergency, keep a cell phone and charger with you at all times. AAA and many other companies offer smartphone applications that enable motorists to request help without making a phone call.

STUDENT WELLNESS GOALS:

1. Reduce student alcohol and drug use at Ross High School as evidenced by pre and post survey data and discipline referrals.
2. Increase nutrition/fitness knowledge as evidenced by pre and post survey data.
3. Decrease student insubordination and disobedient incidents at all grade levels as measured by discipline referrals.
4. Improve emotional and mental well-being as evidenced by pre and post survey data.
5. Improve district/building climate as measured by pre and post "My Voice" survey data.



ATTENTION 4TH & 5TH GRADE LITTLE GIANTS!

Beginning this school year, Fremont City Schools is now offering elementary sports programs. Boys and girls in grades 4 and 5 can play basketball for their school!

The elementary basketball league will officially begin on November 28th. Each elementary team will practice twice a week at their elementary building through the month of December. Games will begin in January and will take place on Saturdays at Ross High School or the Fremont Middle School. A single elimination tournament and championship game will conclude the season.



To sign-up for this free basketball league, please contact the Ross Athletic Department at 419-334-5424.

The Wellness Center will feature monthly wellness facts, tips and articles that correspond to the District's five student wellness goals. We hope our Fremont families find the wellness information beneficial.

THE FCS WELLNESS CENTER

POSITIVE BEHAVIOR INTERVENTIONS & SUPPORTS HAYES ELEMENTARY SCHOOL

Our PBIS program has given Hayes Elementary students an opportunity to be proud of their positive behaviors. Mrs. Wilhelm's second grade classroom is no exception. Her class currently has the school's PBIS trophy in their classroom and it will not be easy to take that away from them. The students won this trophy by being the first class to earn 10 gold medals on their PBIS chart. In order to collect the gold medals, students must display positive behaviors such as being respectful, responsible and safe in all areas of the school building.

Students can also earn individual awards by getting their personal punch card stamped. They turn in their punch cards, once they are filled, for a larger reward such as a sticker or a trinket from the prize box. Mrs. Wilhelm said her students love earning rewards and are proud of themselves for a job well done. FCS is proud of them too!



**BE RESPECTFUL,
BE RESPONSIBLE,
BE SAFE**

SOCIAL WORKERS



Fremont City Schools offers a variety of services to ensure students and families experience a positive learning environment. Currently, there are four social workers who offer various resources for our students. These resources may include helping students with transportation needs to and from appointments, identifying school and community resources, such as supporting agencies and organizations, serving as a liaison between the school and community agencies, maintaining a district food bank for families in need, and coordinating and facilitating wrap around meetings for students and their families.

Social workers are available at each school building. Please see below for contact information.

Cassandra Tucker
tuckerc@fremontschools.net
Fremont Middle School

Shelley Fannin
fannins@fremontschools.net
Lutz Elementary School
Otis Elementary School
Washington Elementary School

Rachelle Griffin
griffinr@fremontschools.net
Atkinson Elementary School
Croghan Elementary School
Hayes Elementary School
Stamm Elementary School



HEALTHY PIZZA CRUST - YES, PLEASE!

Most children and teenagers, even the pickiest, love pizza. Use this recipe for a crust that is healthy and still tastes great!

Chop cauliflower into small pieces (utilize food processor or blender if able). Place cauliflower into pot of boiling water, cover, and boil until tender, about 15 minutes. Transfer cauliflower to a large bowl and refrigerate, stirring occasionally, until cooled, about 15 minutes.

Preheat oven to 450 degrees. Spray baking sheet with non-stick spray.

Stir Italian cheese blend, parsley, egg, garlic, salt and pepper into cauliflower until evenly incorporated. Pour mixture onto the prepared baking sheet, press, and form into a pizza crust. Bake until lightly browned, about 15 minutes.

Ingredients:

½ head cauliflower, coarsely chopped
½ cup shredded Italian cheese blend
¼ cup chopped fresh or dried parsley
1 egg
1 teaspoon chopped garlic
Salt and pepper to taste

**Prep Time:
15 minutes
Cook Time:
30 minutes**

**Healthy and
yummy!**



Autumn Health and Safety Tips

Follow these tips to help you and your family stay safe and healthy this autumn!

Keep your kids safe and healthy.

Get involved with your kids' activities at home and at school to help ensure they are safe and healthy.

Take steps to prevent the flu.

The single best way to protect against the flu is to get vaccinated each year in the fall. Cover your nose and mouth with a tissue when you cough or sneeze. Wash your hands often. Stay home if you get sick.

Get smart about antibiotics.

Antibiotics can cure bacterial infections, but not viral infections. The common cold and the flu are viral infections, so avoid using antibiotics if you have one of these. Using antibiotics when they are not needed causes some bacteria to become resistant to the antibiotic, and therefore stronger and harder to kill. See your doctor or nurse to find out if your illness is bacterial or viral.

Test and replace batteries.

Check or replace carbon monoxide batteries twice a year when you change the time on your clocks each spring and fall. Replace smoke alarm alkaline batteries at least once a year. Test alarms every month to ensure they work properly.

Keep food safe.

Food is center stage during the holidays. Be sure to keep it safe by following basic food safety steps. Clean hands and surfaces often. Separate foods to avoid cross-contamination. Cook to proper temperatures. Chill promptly.

Have a safe and healthy Halloween.

Make Halloween festivities fun, safe, and healthy for trick-or-treaters and party guests.

Learn your family history.

National Family History Day is observed on Thanksgiving Day. Over the holiday or at another family gathering, talk about and write down the health conditions that run in your family. Learning about your family's health history can help you take steps to ensure a longer, healthier future together.



Be prepared for cold weather.

Exposure to cold temperatures can cause serious health problems. Infants and the elderly are particularly at risk, but anyone can be affected. Know how to prevent health problems and what to do if a cold-weather emergency arises. Remember that using space heaters and fireplaces can increase the risk of household fires and carbon monoxide poisoning.

Don't drink and drive.

Alcohol use impairs skills needed to drive a car safely. It slows reaction time and impairs judgment and coordination. Alcohol-related motor vehicle crashes kill someone every 31 minutes and non-fatally injure someone every two minutes. Don't drink and drive, and don't let others drink and drive.

Wash your hands.

Keeping hands clean is one of the most important steps you can take to avoid getting sick and spreading germs to others. It's best to wash your hands with soap and clean running water for 20 seconds. If that's not possible, use alcohol-based hand rubs.

For more information, visit:

www.cdc.gov/family/autumn/index.htm

U.S. Department of Health and Human Services Centers for Disease Control and Prevention Office of Women's Health

THE FCS WELLNESS CENTER



KNOW! FAMILY SUPPORT FOR PREVENTION

Research Institute has identified 40 Development Assets for adolescents; a specific set of skills, experiences, relationships and behaviors that help young people flourish and mature into successful and contributing adults. Studies of more than five million children of all cultural and socioeconomic backgrounds consistently show that the more developmental assets they possess, the less likely they are to engage in four specific patterns of high-risk behavior; problem alcohol use, violence, illicit drug use and sexual activity. According to the Research Institute, as the number of assets increase for youth, the greater their chances of succeeding in school and being happy, healthy and responsible.

Youth who experience at least 31 of the 40 assets are considered to be thriving. Unfortunately however, the average youth in sixth through twelfth grade typically experiences less than half of the 40 Developmental Assets, which places them at higher risk for making poor behavioral choices.

What's a parent to do to increase their child's assets? One thing you can do is focus on your support from home. Among the list of key building blocks is Family Support, meaning, a child's family life provides high levels of love and support.

Here are just a few ideas on how you can take action to strengthen your family support:

♥ **Give them your undivided attention:** This is how children measure love. The times that matter most to our children is when we are willing to stop what we're doing to go throw the ball with them, jump on the trampoline or listen attentively to their trumpet solo.

♥ **Give them words of affirmation:** A child's self-identity and self-worth depend highly on the words we speak to them. It is our job to correct our children, but even in discipline our words should come from a place of love, encouragement and positive reinforcement.

♥ **Give them space:** Just like most of us adults, teens need some alone time each day to relax and unwind.

♥ **Hug your child:** This goes for the really big kids too. They may act like they don't want one, but they do.

♥ **Spend time each week with your children individually:** It doesn't have to be anything extensive; take a walk with one of your children or ask one of them to run to the store with you; even picking your child up from their extracurricular activity can provide an opportunity to have one-on-one time.

♥ **Start family traditions and rituals:** Young people love to be spontaneous, but they also have a deep need for predictability. Choose a holiday to annually volunteer at a soup kitchen, designate a certain night of the week for family game night, or maybe start a new tradition in the way you celebrate family birthdays.

♥ **Preserve those precious memories:** A family photo album is great, but it is also special to create a small memory book, memory box or photo album for each child to hold onto and be able to reminisce.



To check out the full list of 40 Developmental Assets and see how your child rates, visit: www.search-institute.org.

*There are so many ways to increase family love and support for your child.
The important piece is that you consistently make an effort to be active in your child's life and
show them your love and affection.*