

Teens promote drug free living

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The Teen Connection club members are indeed "riding a natural high." This club's goal is to encourage drug, alcohol and tobacco free living among themselves and their friends, relatives and acquaintances. To get the word out to Fremont Middle School, hand-made posters and gigantic cloth banners are outside the building.

"Red Ribbon Days" were celebrated in December by creating an enormous banner that asked the question: "What Is Your Natural High?" Members manned a table during all of the lunch periods encouraging students to write down their "natural high" and then sign the banner.

A natural high is any activity that doesn't require drugs, alcohol, or tobacco and provides the participant with a fantastic feeling. Students wrote down sports such as wrestling, basketball, cross country, skateboarding and football. Also popular were music pursuits, video games and reading. Everyone who wrote their natural high down received a red ribbon to wear for the rest of the week.

Another fun activity was the "X Team." Teen Connection volunteers came to the office about every 24 minutes and had a large X painted on their cheek. No one knew the significance of the X, not even the students who wore them. At the end of the day, the principal announced that the X team represented the fact that every 24 minutes, someone in the United States dies because of a drunk driver. This was a meaningful way to drive home the point that driving drunk kills people.



Tyrel Parker and Nickole Sears look at a poster. (Submitted photo)